



## **2020 CLASS SCHEDULE**

2020 CLASS SCHEDULE							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Sunday
5:30AM		MOVE MATTHEW		MOVE MATTHEW			
9:00AM		BAPPE above:	PIYO	YOGA Paige	BAPPE above KELLY	Muscle Camp	
9:30 AM	ump-n- BURN	- 24	ump-n- <b>BURN</b>		ump-n- <b>GURN</b>		
10:00 AM		SH NE DANCE FITNESS LISA					
11:00 AM							
6:00 PM	III AMP'D		III AMP'D	BUTTS∕∕GUTS			
	Alison		Alison	Stephanie			
6:45 PM							
		Club Staffed Hours				8:00am-12:00pm	
Questions?		Monday - Thurs	8:00am-8:00pm		Kids Club Hours	8:00am-12:00pm	4.00 0.00
Laura Zaunbrecher General Manager		Friday Saturday	8:00am-4:00pm 8:00am-4:00pm		Monday - Thurs Friday - Sat	No staff hours	4:00pm-8:00pm
auraZ@zoogym.com		Sunday	12:00pm-4:00pm		Sunday		
<u>Laurale 2008</u>		Color Code			Januay		
		Flexiblity/Core					
		Dance Fitness	High Intensity				
		Strength	Senior Fitness				

Extra Fee Applies